



## NCFC Volunteer hour rules (Updated 5/14/2024)

Players receiving player assistance hours are as follows:

- 2 Parent Families: 5 hours total by September PA deposit, 10 hours total by December PA deposit, and 15 hours total by May PA deposit.
- 1 Parent Families: 4 hours total by September PA deposit, 7 hours total by December PA deposit, and 10 hours total by May PA deposit.

Board members receive a \$525 registration credit and will not be allowed further credit for additional volunteering.

Managers and treasurers already receive \$425 credit for volunteering. (This will be refunded to you via got sport or via check \* Limit one credit per person) However, we allow a max of 5 hours (\$20 per hour) = to \$100 for other volunteering to be paid by the club directly to the volunteer. (Not to be deducted for dues) \*If your team decides to have a scheduler, the manager will split the \$425 refund with the scheduler.

Equipment volunteer gets \$200 credit and will be allowed an additional 10 hours = \$400 for other volunteering opportunities.

Team Travel Coordinator gets a \$100 credit and will be allowed an additional 10 Hours = \$300 for other volunteering opportunities.

All other volunteers will be paid \$20 per hour with a max of 15 hours = to \$300 (If we do not receive enough volunteers, we will make an

exception for those who help with field lining, tryouts, and Sol games only)

To find out ways to volunteer for Sonoma County Sol, please contact

VincentCortezzo [vcortezzo@northcoastfc.org](mailto:vcortezzo@northcoastfc.org)

All other opportunities will be communicated through your team managers and posted on the NCFC website <https://www.northcoastfc.org/>